



AUSTRALIAN **VOICE** ASSOCIATION

Rehabilitation of the Singing Voice

with Dr Jenevora Williams (UK)

A two-day course for speech pathologists and singing teachers wishing to expand their knowledge of voice work and understand the impact of vocal injuries and ill-health in singers.

WHEN: January 27th & 28th 2024, 9:30am-4:30pm

WHERE: WEA Sydney, Sydney Town Hall, Australia

REGISTRATION: \$425 (AVA members), \$450 (students), \$500 (non-AVA members) - includes catered lunch/tea

REGISTER HERE:

<https://australianvoiceassociation.com.au/events/>



What will I learn?

- A look at the biopsychosocial model
- The story behind the problem, active listening
- Common problems for elite voice users
- Types of singing and the varying demands
- Specific considerations for child performers
- General advice for maintaining and pacing healthy voice use
- Exercise, diet and gastro-oesophageal reflux
- Common pathologies
- Rehabilitation exercises - the evidence behind the application
- Skills and boundaries, collaborative client-centred care

Dr Jenevora Williams is a leading exponent in the field of vocal health and singing teaching. After a successful career in Opera, Jenevora turned her attention to investigating healthy and efficient vocal function. The combination of academic study and practical experience has resulted in a unique perception for understanding the human voice. She was the first singing teacher to be awarded a PhD in voice science in the UK, and won the 2010 BVA Van Lawrence Prize for her outstanding contribution to voice research. Her book, *Teaching Singing to Children and Young Adults*, has been enormously popular with singing teachers throughout the world. She is well-known for her imaginative and rigorous international training courses for singing teachers and voice professionals. She now runs Vocal Health Education and Evolving Voice, training the first generation of Voice Rehabilitation Specialists worldwide. As a teacher of singing, she works with professional singers of all ages in both voice rehabilitation and career mentoring.

